

DR. G.R. RASTEGAR

DENTISTRY PROFESSIONAL CORPORATION

Dr. Rastegar & Associates • Certified Endodontists

INSTRUCTIONS REGARDING SEDATION

The following are very important instructions a patient MUST follow when being sedated for their dental appointment.

1. **Sedation medication is to be taken in our office.** Avoid liquids 4 hours prior to appointment. **DO NOT TAKE SEDATION AT HOME!!**
2. An adult must drive you to and from your dental appointment. An adult must stay with you after your appointment.
3. Do not take any medications containing Codeine (i.e. Tylenol #2 or Tylenol #3s, antihistamines, cough syrup or nerve pills) 12 hours prior to your appointment and 12 hours after your appointment.
4. Make sure you eat a non-fatty meal 1.5 hours (90 minutes) prior to the appointment (i.e. bagel with jam, toast with jam, a small sandwich).
5. Please wear a shirt with loose fitting arms as blood pressure will be monitored.
6. If you are scheduled for surgery, please bring an ice pack to your appointment, and have soft, cold foods at home.

If you have any questions concerning the sedation instructions, please consult Dr. Rastegar or Dr. Soo Chan.